

## National Urban Health Mission (NUHM)

### Community Process

#### ASHA



#### **ASHA- Accredited Social Health Activist**

In the UT of Puducherry the NUHM has been approved to recruit 341 ASHA who acts as a link worker between the community and the Health system, to improve the access of the community to Health care. The ASHAs are given basic training (1-7 Modules) on Anti Natal Care, Post Natal Care; Home based Neonatal Care, Communicable and Non-Communicable diseases to improve their knowledge and conditions through which they impart awareness to their community where they serve.

ASHA are provide performance based incentives for each activities such as Anti Natal Care, Mobilising and escorting the Anti Natal Mother for Institutional Deliveries, Post Natal Care, Immunization, Communicable and Non-Communicable Case detection and mobilising community for Village Health Nutrition Day, Village Health Water Sanitation and Nutrition Committee and Adolescent Health Clinics. ASHAs are provided with a Drug Kit.

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#### MAS



Mahila Arogya Samiti (MAS) is a local women's collective with an elected Chairperson and a Secretary. One MAS will be for every 50-100 households in slum and slum like settlements. It deals with local issues related to Health, Nutrition, Water, Sanitation and social determinants of health at slum level. The MAS is facilitated by the ASHA who acts as the Member Secretary.

UT of Puducherry has been sanctioned with 108 MAS. Selection & Formation of MAS is under process. 1 MAS for 2000 population.

#### **Details of the MAS to be formed in each PHC in the Urban Slum are given below:**

S.No	District	Urban Slum Population	No of Urban Slum	No of MAS to be formed
<b>I.</b>	<b>Puducherry District</b>	<b>1,72,983</b>	<b>125</b>	<b>90</b>
	Dubrayapet	37,000	39	18
	Reddiarpalayam (Boomianpet)	34,000	44	21
	Mudaliarpet	2474	08	01
	Lawspet (karuvadikuppam)	26117	10	13
	Villianur	34447	5	17
	Mettupalayam	76000	7	38
	Muthialpet	28880	7	14
<b>II.</b>	<b>Karaikal District</b>	<b>29,162</b>	<b>89</b>	<b>15</b>
<b>III.</b>	<b>Mahe District</b>	<b>1,339</b>	<b>09</b>	<b>01</b>
<b>IV.</b>	<b>Yanam District</b>	<b>7,304</b>	<b>23</b>	<b>02</b>